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### **Editorials:**

#### **AYURVEDA & COVID-19**

On the outset of Covid-19 pandemic, it is important to follow the caring precautions of social distancing, sanitizing the hands and wearing the masks. The Ayurveda had proposed the precautionary rules to be followed in the times of pandemic in it own way. Acharya described the vyadhis as janapadodhwansa vyadhi. the principles of Ayurveda for dealing with such types of vyadhi should also be practiced to prevent the spread and infection of such conditions.

Vyadhikshmatva is also an important factor to be dealt for the prevention of infection. Various research works are being done in Ayurveda with respect to Vyadhikshmatva for combating Covid-19.

**Editor in Chief** 

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